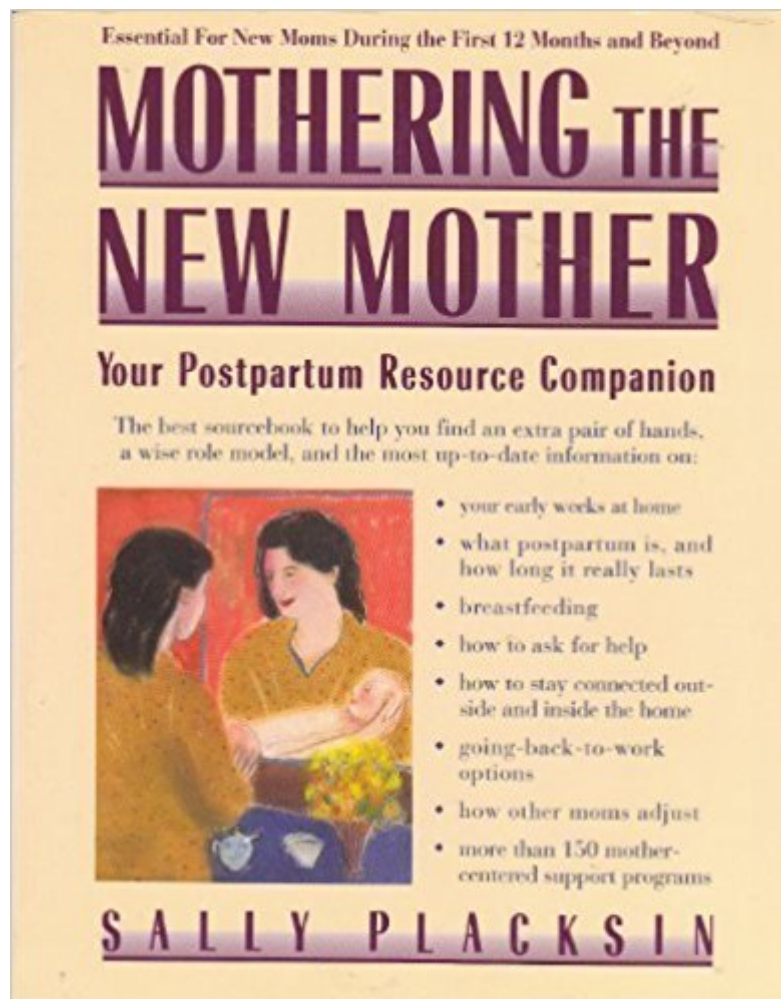




The book was found

Mothering The New Mother: Your Postpartum Resource Companion



Synopsis

Offers new mothers professional guidance to home health care, postpartum depression, breast-feeding problems, negotiation strategies at work, and similar issues, with lists of resources from books to support groups and real-life stories. Simultaneous. Tour.

Book Information

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Customer Reviews

Most women expecting their first child become so consumed with the pregnancy and plans for delivery that they give little thought to their postpartum period. Even those who do rarely have a clear picture of the adjustments necessary in the transition to motherhood. They are surprised to find that much of motherhood does not, in fact, come naturally. In *Mothering the New Mother*, Placksin describes rituals from traditional cultures where other women assist the new mother in the passage into motherhood. Much of the book discusses how our society robs women of that assistance while setting up barriers to fulfilling motherhood. It then suggest some options for overcoming those barriers. Much of the content can be found in other texts, many of which are referenced by Placksin. What proves useful, however, are her extensive lists of resources available to the postpartum woman and questionnaires for planning postpartum support. An optional purchase.- KellyJo Houtz Griffin, Harrison Memorial Hosp., Bremerton, Wash.Copyright 1994 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

Mothering begins with a historical background of, and other cultures' approaches to, caring for

mothers while they care for their newborn. Placksin also stresses why breastfeeding (not to mention getting support to do so) is best, and she covers the controversial subject of postpartum depression (PPD). There's a separate chapter for second-time moms. Thorough, well-written, and very much needed. Jo Peer-Haas --This text refers to an out of print or unavailable edition of this title.

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